



MAKE BLESSED FLORAL SACHETS

In our family, we like to make sachets from them to be placed between the mattresses of our beds, to keep away all the evil things that creep around in the darkness of night! First, we take a piece of linen, muslin, or cotton (an old pillowcase or sheet works great) or a double layer of tulle, if you prefer, and cut it into a circle or square. We then fill the center with a few Tablespoons of the dried (and cut-up) blessed flowers and gather the fabric around it, securing the top with a rubber band. A decorative piece of ribbon can be tied around it, along with a tag explaining the contents and perhaps, the date.



LEMON BALM OR ANISE HYSSOP:

chop the fresh leaves of herbs like these and add about a half-cup to your favorite sugar cookie dough or yellow cake batter before baking!



MINT OR BERGAMOT FLOWERS:

Bundle your fresh mint bouquet and fasten the stems together with a rubber band. Hang the bundle upside down in a cool dry place until it dries thoroughly, then crush the dried herb and collect it all in a clean glass jar. To make your tea, place a Tablespoon of the crushed herbs into a mug and fill it with boiling water. Allow to steep for 5-10 minutes and enjoy as is or with some honey or lemon.



BLESSED DORMITION FLOWERS

THINGS YOU CAN DO WITH BLESSED DORMITION FLOWERS



PRESS THEM TO MAKE SPIRITUAL BOUQUET CARDS

As soon as you get your blessed flowers home and while the flowers look their best, you can begin to prepare your blessed blooms for pressing. You can use a large book to press each flower, but do press each one separately and between two pieces of waxed paper to keep your book clean. Once your blossoms are between the pages, close the book and set it aside in a cool, dark place for about a week or so with another book or heavy object on top of it to help the pressing process along. Once the flowers are dried, you can remove them from between the pages and glue them in an arrangement onto a blank notecard. Write an inspiring message and send it to someone special as a blessing!

USE THEM TO MAKE EDIBLE TREATS!

If you bring edible, flowering herbs to be blessed on the feast of the Dormition you can use them, either fresh or dried, to make edible treats!

Today, we bring flowers to church to be blessed after the Divine Liturgy, in memory of those flowers found in the tomb of Our Lady. It is customary to keep these flowers, once dried, to be burned at times of distress.

WE INTERRUPT THIS CHOIR PRACTICE FOR...



A TABLEAU

Akathist Tableau for the Dormition

*Tableau by Sylvia Dorham
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During the 19th Century (that's the 1800s), it was popular entertainment to act out a scene from a famous story. Participants would dress in costumes, design sets and scenery, and even play music to accompany the scene.

The audience would already be familiar with the story, and would enjoy the new and creative ways their friends and family presented the scene. For instance, a tableau might show the moment when Moses parts the water of the Red Sea with his staff, or maybe Joshua as the wall came down at Jericho.

This month, we celebrate the Dormition of the Theotokos. We know the story of how she fell asleep in the Lord and was taken up into heaven, where she lives today with her son, Jesus, and all the Saints. Your job is to take a few (or all) the lines from this Akathist and act them out, taking care to create a beautiful background for these descriptions of the Theotokos.

Here, an Akathist is a praise poem, with lines that are often an acrostic in alphabetical order, describing the virtues a person possesses.

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You'll see that these lines describe the character traits of Jesus' mother, the Theotokos, the God-bearer. Each line starts with a letter of the alphabet, in order.

Be sure to take a picture of your tableau and send it to ByziKids. We'll publish it in an upcoming issue!

Based on the English Alphabet, this alliterative poem in praise of the Theotokos can be acted out in a series of tableaux – *motionless scenes*.

All orders of Angels are Amazed at the
unapproachable God among us
Bridge to heaven by Birthing holy Baby. Bringer of
salvation to our souls
Container of the uncontainable, she Conceived
Christ in Chastity
Downfall of demons, Dawn of the new Day, our
Defender
Excellent dwelling place of God, Example of
angels' life, Elizabeth Exclaims
Flourishing Flower of purity, Fruit which Feeds
the Faithful their salvation
Garden of virtue, Giver of divine Goodness,
Guardian of virgins and faithful
Higher than the Holy of Holies and the
Heavenly Host, Healer
Inviting Intercessor
Joins heaven to earth with Joy
Key to Christ's Kingdom
Living temple of the Lord, Lamb's mother,
Lightning that illumines our souls
Mother of God and our Mother, heavenly
Manna, Meets Magi
Noah's ark, in which believers are saved
Opens the doors of paradise, Overshadowed by
the power of God



Pillar of salvation, Panagia, Prays to God for us
Quiet when accused
Ray of light from the mystical sun, Renewal of
creation, Red Sea destroying evil

Safe harbor for Sailors of Sea of life, Safety of
God's Sheep

Trampler of lies, Theotokos, Thunder that
strikes down our enemies

Unsilenced preaching of the Apostles,

Unfailing courage of the Martyrs

Uplifter of Men, Unwedded bride, Unites
faithful to the Lord,

Unshakeable tower of the Church, Undeceived
Virgin pure, Vessel of God's Wisdom, Venerated
by unborn Baptist

Wisdom personified, Womb held immaterial
light, Word's Mother

Xenophile, lover of all peoples

Youth's nurturer and guide to purity

Zion's daughter, Zealous in service of God's
people

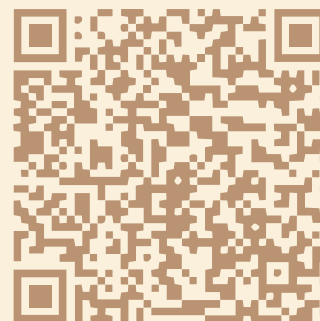
Feel free to make copies of this script for use in
school, parish, or home settings.



A FEAST DAY EXTRA FROM BYZIMOM.COM

Tradition tells us that when the Apostles opened the tomb of the Virgin Mary so that Thomas, the late-comer, could pay his last respects, they were greeted with the scent of the abundant flower bouquets that were left in place of her earthly body after it had been taken up to heaven.

To commemorate this event, why not throw a floral-themed Dormition Tea Party! It's a perfect way to celebrate the Feast after Divine Liturgy! Make Hibiscus tea, Lily, Rose, and Sunflower Sandwiches, Floral Pasta Salad and Daisy Cupcakes for dessert! Visit the website for recipes and photos:



-Written by Lynne Wardach



KNOW YOUR FAITH

More On Prayer

Last month we learned about prayer. We learned that we should pray all the time, not just once a week at Divine Liturgy. We should not just pray in the morning or at night, but all the time. This month, we will study the very special prayer given to us by Our Lord Jesus Himself.

The disciples often saw Jesus pray. Sometimes Jesus liked to pray by Himself in a quiet place. Sometimes He prayed with his disciples. Sometimes He got up early in the morning to pray. Sometimes He prayed late at night. He prayed as He was dying on the cross.

One day, the disciples asked Jesus to teach them to pray. Then, Jesus taught them a very important prayer. Sometimes we call this prayer **The Our Father** after the first words of the prayer. Sometimes we call it **The Lord's Prayer** since it was taught to us by Our Lord Himself.

Open your Bible to **Matthew 6:9 - 13** and read the prayer from the Bible. You will recognize it. We say it each week at Divine Liturgy. In this prayer, we ask for seven different things. These are called the seven petitions. Let's go through each petition and see what it means.

1. Our Father, Who art in Heaven, hallowed be Thy name - Jesus tells us that we can call God our Father. We are not God's slaves, we are His children and He is our loving Father. Notice we don't say my Father but **OUR** Father. We say this since we are all God's children. All the people in the whole world are our brothers and sisters. This is really true. We all have Adam and Eve as our first parents. No matter what country we come from, no matter what color our skin is, everyone in the whole world is our brother or sister. God is called our Father in heaven because heaven is our true home. We hope to live with God, our Father forever in heaven.

We know that holiness belongs to God alone. We pray that God's holy name will be loved and respected by all people everywhere.

2. Thy kingdom come - This can make us think of the final coming of Our Lord at the end of the world when He will establish His kingdom. But we also pray that God's Grace will increase in us and in everyone. We can begin to see God's kingdom in the Holy Eucharist and it is active in us as we grow in grace, prayer, and obedience to God's commandments.

3. Thy will be done on earth as it is in heaven - We must always accept God's plan for us even when things happen that we don't like. We also know it is God's will that we love Him and love our neighbor. This love of God and neighbor already happens in heaven. We pray that this happens on earth also.

4. Give us this day our daily bread - Jesus teaches us to ask for what is most important. We ask for food to eat each day to keep our bodies strong so we can serve Him. We also ask for spiritual food for our souls—the Holy Eucharist. Notice that we don't just pray for ourselves. We use the word "us" to show that we also pray for others.

5. And forgive us our trespasses as we forgive those who trespass against us - This should really frighten us!!! There is something we must do before God forgives our sins. God loves us and wants to forgive us when we are sorry and ask for forgiveness but we must forgive others. We must forgive others if we want God to forgive us. This is not just a suggestion - **we must forgive others**.

6. And lead us not into temptation - We know that God will not allow us to be tempted beyond our strength. He will always give us the strength and help we need to overcome sin and temptation. We ask God to help us not to give in to temptation.

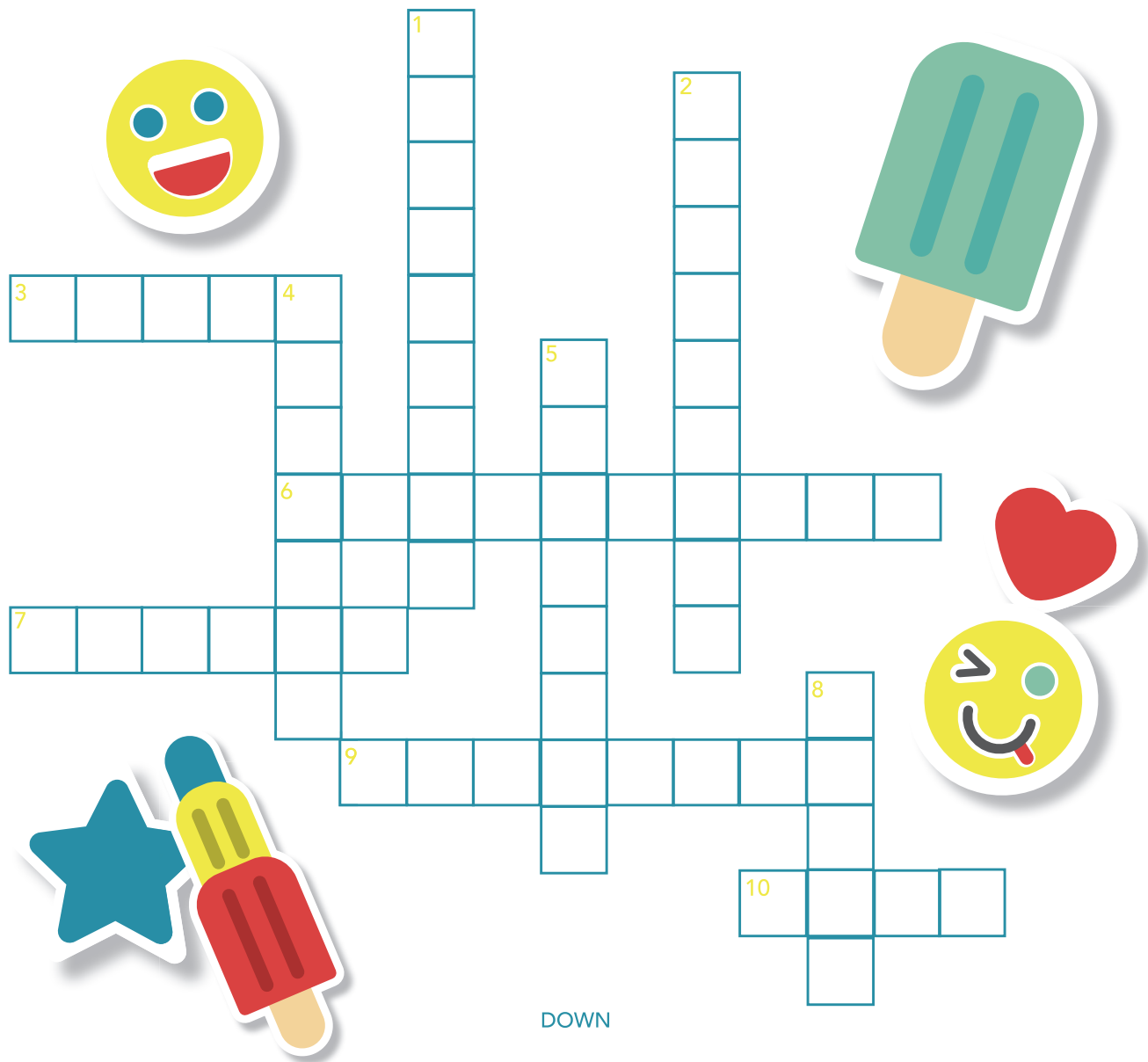
7. But deliver us from evil. - We pray that God will protect us from the Evil One. The devil does not want us to love God but we know that with God's help we can be strong and not be fooled by the Evil One.

At Divine Liturgy, we end The Lord's Prayer with a doxology to the Holy Trinity. The priest says:

*For the kingdom, the power, and the glory
are Yours, Father, Son, and Holy Spirit,
now and forever and ever.
We all answer Amen.*

AMEN means "**So be it.**" We are putting our "**yes**" to the prayer. We are making it our very own prayer.

August Saints Crossword puzzle



ACROSS

3. THIS SAINT, AN ETHIOPIAN, CONVERTED FROM A SINFUL LIFE TO A PRAYERFUL LIFE AS A MONK.
6. THE FEAST OF THE ____ OF THE CROSS WAS CUSTOMARY IN AUGUST FOR THE SANCTIFICATION OF THE PEOPLE AND RELIEF FROM SICKNESS.
7. PROPHET AND LAST OF THE JUDGES OF ISRAEL, WHO WAS THE SON THAT HANNAH HAD PRAYED SO DEARLY FOR.
9. ARCHDEACON AND FAMOUS MARTYR FROM ROME, WHO WAS BURNED ON A GRIDIRON.
10. AT THE TRANSFIGURATION, JESUS WENT UP THE MOUNTAIN WITH HIS APOSTLES PETER, JAMES, AND ____.

DOWN

1. THE GREAT FEAST OF THE THEOTOKOS IN AUGUST, FOR WHICH WE PREPARE WITH FASTING.
2. SAINT EMILIAN, WHO FEARLESSLY DENOUNCED THE ICONOCLASTS, IS KNOWN AS THIS, BECAUSE HE SUFFERED FOR HIS FIDELITY TO THE FAITH.
4. WE COMMEMORATE THE TRANSLATION OF THE RELICS OF THIS SAINT, THE FIRST CHRISTIAN MARTYR, FROM JERUSALEM TO CONSTANTINOPLE.
5. THE SEVEN HOLY YOUTHS OF EPHEBUS ARE ALSO KNOWN AS THE 'SEVEN ____.'
8. THE BEHEADING OF THE FORERUNNER, SAINT JOHN THE BAPTIST, WHICH WE COMMEMORATE THIS MONTH, WAS ORDERED BY ____.



IT'S ALL GREEK TO ME!

WITH FATHER SEBASTIAN

TRANSFIGURATION

This month we celebrate one of the Great Feasts of the Lord, His *Transfiguration*. *Transfiguration* is an English word coming from Latin but translates well the Greek word behind it, *metamorphosis*. This is the Greek word used to describe Jesus' change of appearance before his disciples. The word *metamorphosis* has three parts: *meta-*, meaning, in this case, "*change*," *morphos*, meaning "*shape or appearance*," and *-sis*, which means "*process of*."

The Jews in the first century were waiting for the return of two kings. God was the first and great king of Israel (1 Sam 8). Since the Babylonian exile, however, the glory cloud, signaling God's presence in his temple in Jerusalem, had been absent. The divine king of Israel had not yet returned to the city. The human king of the line of David who ruled under the divine king's authority had not returned either. When the disciples realized that Jesus was the long-awaited king of the line of David (Matt 16), Jesus was then transfigured before them, revealing to them that he was also the divine king from all eternity (Matt 17)



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THE MATTHEWS



SUBMISSIONS



BY J.E. WINGERTER

ANSWER KEY TO PUZZLES

UPSIDE
DOWN



8. HEROD
5. SLEEPERS
4. STEPHEN
2. CONFESSOR
1. DORMITION

DOWN

10. JOHN
9. LAWRENCE
7. SAMUEL
6. PROCESSION
3. MOSES

ACROSS

ANSWERS:

AUGUST ANSWERS:
CROSSWORD PUZZLE

STAND

THIS MONTH'S STAND & STAND JR. VERSES. SUBMIT A VIDEO OF YOURSELF RECITING THE VERSES TO BYZIMOM.COM TO UNLOCK THE NEXT PART OF YOUR ARMOUR!



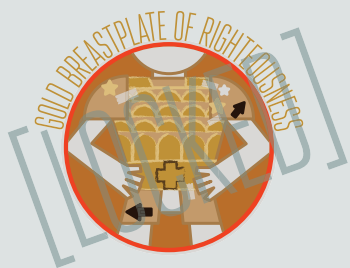
VERSES:

EPHESIANS 5:15-16

LOOK CAREFULLY THEN HOW YOU WALK, NOT AS UNWISE MEN BUT AS WISE, MAKING THE MOST OF THE TIME, BECAUSE THE DAYS ARE EVIL.

EPHESIANS 5: 18-20 –

AND DO NOT GET DRUNK WITH WINE FOR THAT IS DEBAUCHERY; BUT BE FILLED WITH THE SPIRIT, ADDRESSING ONE ANOTHER IN PSALMS AND HYMNS AND SPIRITUAL SONGS, SINGING AND MAKING MELODY TO THE LORD WITH ALL YOUR HEART, ALWAYS AND FOR EVERYTHING GIVING THANKS IN THE NAME OF OUR LORD JESUS CHRIST TO GOD THE FATHER.



JUNIOR VERSES (6YRS & BELOW):

EPHESIANS 6:1 –

CHILDREN, OBEY YOUR PARENTS IN THE LORD, FOR THIS IS RIGHT.



Magnificat

My soul magnifies the Lord, and my spirit rejoices in God my Savior. For He has regarded the lowliness of His maidservant; for behold, henceforth all generations will call me blessed.

For He who is mighty has done great things for me, and holy is His name. And His mercy is from generation to generation upon those who fear Him. He has shown might with His arm; he has scattered the proud in the imagination of their hearts.

He has put down the mighty from their thrones and exalted the lowly. He has filled the hungry with good things, and the rich He has sent away empty. He has helped His servant Israel, in remembrance of His mercy, as He has spoken to our fathers, to Abraham and to his seed forever.

(Luke 1:46-55)

ByziKids bookmark 8 of 12

CUT ALONG THE DOTTED LINE

MEANWHILE...

August 15th became the date of the celebration of the Feast of the Dormition of the Theotokos by the official declaration of the Byzantine Emperor Maurice, who reigned from 582-602 AD, and proclaimed it to be a universal feast of the Byzantine Empire.

From there, the celebration of the feast spread to Rome and by the end of the eighth century Pope Sergius I had officially adopted it and had changed the name of the feast for the Western Church to the Assumption of the Blessed Virgin Mary.

The faithful had always maintained two consecutive fasting periods before the Feast, the first from August 1st-5th in honor of the Transfiguration and the second from that feast until the Dormition. In the 10th century, however, these two fasts became merged into one strict fast from August 1st through 14th, which is the Dormition fast that we keep to this day.



-Written by Lynne Wardach



The Old Woman in the Shoe

I once met the woman who lived in the shoe,
She told me her story, I'll tell it to you;

"Too many children!?! " she said with a start,
"Why, I wish there were more from the depths
of my heart!

I line them all up, at the table each morn,
A habit we've had since the first one was born.

We first bless, the food, and then we fall to,
When they've all had their fill, then we tidy the
shoe.

A thorough sweep of each cranny and nook,
Then I sit them all down and pull out the
schoolbooks.

I never am bored, there is so much to do,
How deeply I love all the children in my shoe!

When their father comes home, he kisses each
head,
They play before supper, then prayers and to
bed.

My life is so full of love and joy.
My children are precious, each girl and boy

With my cup overflowing I have only one
quandary;
How to keep up with all of the laundry!"

-Written by Sarah Wingerter

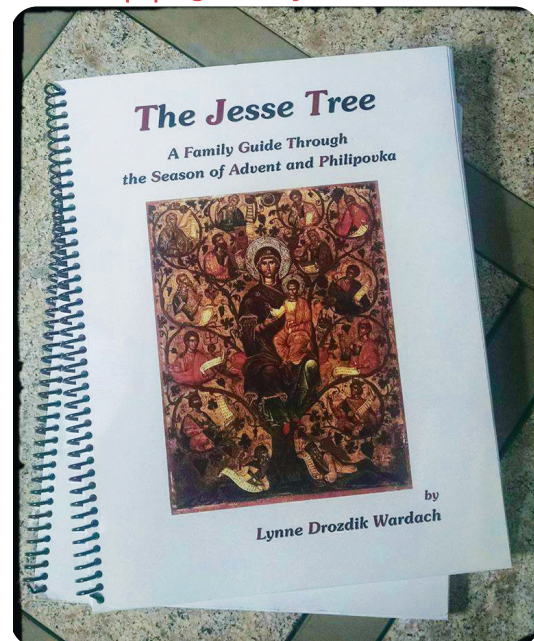
THE 2020-2021 *ByziMom Daily Planner*



is now available for pre-order on the
gift-shop page at ByziMom.com!
Get **FREE SHIPPING** with your order
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**PURCHASE ON
BYZIMOM.COM'S GIFT SHOP**

The Jesse Tree: A Family Guide Through
the Season of Advent and Philipovka by
Lynne Wardach is available on the gift
shop page at ByziMom.com!



Order now in time to begin with the
Nativity Fast, November 15th!



BYZIKIDS//calendar

2020 AUGUST



SUN	MON	TUE	WED	THU	FRI	SAT
<p>AUGUST 30</p> <p>13TH SUNDAY AFTER PENTECOST</p> <p>12TH SUNDAY AFTER PENTECOST</p> <p>9TH SUNDAY AFTER PENTECOST</p> <p>8TH SUNDAY AFTER PENTECOST</p> <p>PROPHET ELIJAH</p>	<p>AUGUST 31</p> <p>DEPOSITION OF THE CINCTURE OF THE THEOTOKOS NEW YEARS EVE</p> <p>FLORUS & LAURUS, MARTYRS</p> <p>VENERABLE ISAACIUS AND OTHERS</p> <p>HOLY PROPHET EZEKIE</p>	<p>7 YOUTHS OF EPHESUS</p> <p>MARY MAGDALENE, EQUAL TO THE APOSTLES</p> <p>EUIPIUS, MARTYR</p> <p>APOSTLES SILAS & OTHERS</p> <p>FLORUS & LAURUS, MARTYRS</p> <p>7 YOUTHS OF EPHESUS</p> <p>EUTYCHES, BISHOP AND MARTYR</p> <p>11TH SUNDAY AFTER PENTECOST</p>	<p>QR CODE</p> <p>EUSIGNIUS, MARTYR</p> <p>TROPHIMUS, THEOPHILUS, & OTHERS, MARTYRS</p> <p>PHOTIUS & ANICETUS, MARTYRS</p> <p>APOSTLE SILAS & OTHERS, MARTYRS</p> <p>ANDREW & OTHERS, MARTYRS</p> <p>TRANSFIGURATION</p> <p>ADRIAN & NATALIE, MARTYRS</p> <p>VENERABLE MAXIMOS THE CONFESSOR</p>	<p>SCAN ME TO FIND OUR ONLINE ACTIVITIES! (PASS:DORMITION)</p> <p>TRANSFIGURATION</p> <p>HOLY WOMAN-MARTYR CHRISTINA</p> <p>VENERABLE MAXIMOS THE CONFESSOR</p> <p>VENERABLE EUDOCIMUS</p> <p>HOLY PROPHET SAMUEL</p> <p>VENERABLE DOMITIUS</p> <p>VENERABLE POEMEN</p> <p>TRANSLATION OF THE RELICS OF VENERABLE THEODOSIUS OF THE CAVES</p>	<p>GREGORIAN CALENDAR</p> <p>JULIAN CALENDAR</p> <p>VENERABLE DOMITIUS</p> <p>DORMITION OF ST ANNA, MOTHER OF THE THEOTOKOS</p> <p>TRANSLATION OF THE RELICS OF VENERABLE THEODOSIUS OF THE CAVES</p> <p>PROCESSION OF THE CROSS</p> <p>APOSTLE THADDEUS</p> <p>BISHOP EMILIAN</p> <p>VENERABLE MOSES THE ETHIOPIAN</p> <p>DORMITION OF THE THEOTOKOS</p>	<p>PROCESSION OF THE CROSS</p> <p>MACRINA</p> <p>BISHOP EMILIAN</p> <p>HERMOLAUS, MARTYR</p> <p>DORMITION OF THE THEOTOKOS</p> <p>FINDING OF THE RELICS OF ARCHDEACON & MARTYR STEPHEN</p> <p>AGATHONICUS & OTHERS, MARTYRS</p> <p>MATTHIAS, APOSTLE</p> <p>BEHEADING OF JOHN THE BAPTIST</p> <p>VENERABLE CHERIMON OF EGYPT</p>

:GREGORIAN FASTING DAYS
 :JULIAN FASTING DAYS
 :BOTH FASTING DAYS
 :ACTIVITY ONLINE
 :HOLY DAY
 : GREAT DOXOLOGY

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